



REMINDER: OVERFLOWING POST BOXES

The HOA's Compliance Officer, Megan Odendaal, has reported that many post boxes are full and overflowing. We remind all post box owners to kindly collect their mail regularly.

If you have lost your post box key, please email info@pvhoa.co.za to request a replacement. For any other post box-related enquiries, you may use the same email address or contact Megan directly on compliance@pvhoa.co.za.



Adjusting Your Golf Game for Wet and Soggy Course Conditions

Winter has officially begun in the Southern Hemisphere, and with June marking the start of the season, the Western Cape is already experiencing heavy rainfall. This often leads to soggy, waterlogged golf courses - conditions that can make the game particularly challenging. Here are a few simple tips to help you adapt your game to wet conditions:

Step 1: Raise Your Swing Arc

Soft, saturated ground causes your feet to sink slightly when you address the ball, which lowers the bottom of your swing arc. If you don't make adjustments, you're likely to hit the ball fat. To avoid this, choke down on the club by an inch and position the ball in the center of your stance.

Step 2: Hover the Club

On a wet course, taking a large divot is a recipe for a messy, ineffective shot. Instead, stand slightly taller at setup and hover the clubhead just above the ground, aligning the leading edge with the ball's equator. This promotes a clean, descending strike rather than a steep, digging motion.

Step 3: Focus on a Spot Ahead

To make crisp contact and minimize the turf's interference, aim to strike a spot about an inch in front of the ball. Try to have your clubhead and right knee reach the ball at the same time. If timed correctly, you'll catch all the ball - and give yourself a chance to putt for birdie.

By making these small adjustments, you'll be better equipped to handle the challenges of a rain-soaked course - and keep your scorecard in great shape, no matter the weather.



If you have any questions or need further assistance, feel free to reach out to the Golf Academy professionals:

- James Wade – James.Wade@pearlvalley.co.za | 082 435 5831
- Sevey Links – Sevey.Links@pearlvalley.co.za | 082 214 8014

Junior Academy – Winter Season Coaching Times

Our Junior Academy offers age-specific coaching sessions during the winter season to help young golfers sharpen their skills in a supportive and professional environment:

Super Juniors (Ages 5–7):

- Thursdays: 15h30 – 16h30

Primary School Program (Ages 8–13):

- Tuesdays & Fridays: 16h00 – 17h00

High School Girls Program (Ages 14–18):

- Tuesdays: 17h00 – 18h00
- Thursdays: 16h30 – 17h30

Join us this winter to be part of a thriving junior golf community and take your game to the next level!



THE VALLEY RESTAURANT

 PEARL VALLEY GOLF

SIP *and* PAINT



Join us for a relaxing and creative evening of painting, sipping and socializing in the Valley Restaurant.

Tickets R350.00 per person

INCLUDES: ALL MATERIALS AND STEP BY STEP FACILITATOR

Thursday, 19 June | *Signature Lounge* | 18:00 for 18:30

PAINT 
and PRETZELS

[Make a reservation](#)



Make a reservation

THE VALLEY
RESTAURANT

ITALIAN
Nights



EVERY TUESDAY
FROM

17:00

ENJOY A DELICIOUS
PASTA OR PIZZA
FOR JUST

R 135

INCLUDES A
COMPLIMENTARY

Dessert

MAKE YOUR RESERVATION

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**ENJOY A CURRY
WITH A COMPLEMENTARY
500ML STELLA DRAUGHT**
EVERY WEDNESDAY *from 17:00*

IN PARTNERSHIP WITH



SELA VIE



[View menu here](#)

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L'HUGUENOT



LAMB SPITBRAAI

4 - 9 PM

30 May

Enjoy your Friday and feel at home!

Bring your friends, family and neighbours to kick off the weekend with our fine selection of wines at cellar door prices, tasty food, beautiful sunsets, live music by Triveno, kids play areas and more!



BOOK YOUR SPOT NOW!
experience@lhuguenot.com
 021 876 8037

FOOD ORDERS CLOSE
 ON WEDNESDAY at 17:00






WINE | BEER | PIZZA | KIDS PLAY AREAS | JUMPING CASTLE | LIVE MUSIC

CS BIOKINETICISTS

CLASS SCHEDULE

MON

9AM

STRETCH

VAL DE VIE LIFESYLE CENTRE

HITT

PEARL VALLEY GYM

11AM

WATER AEROBICS

VAL DE VIE LIFESYLE CENTRE

5PM

STRETCH

PEARL VALLEY GYM

TUES

6:45AM & 7:30 AM & 5PM

SPINNING

PEARL VALLEY GYM

WED

9AM

PILATES

PEARL VALLEY GYM

HITT

PEARL VALLEY GYM

10AM

STRETCH

PEARL VALLEY GYM

10:45AM

WATER AEROBICS

VAL DE VIE LIFESYLE CENTRE

THURS

6:45AM & 7:30 AM

SPINNING

PEARL VALLEY GYM

FRI

9AM

HITT

PEARL VALLEY GYM

PEARL VALLEY HOME OWNERS ASSOCIATION

Trustees B Lodewyk, E Lyon, J Miller, B Schäfer, I van Niekerk, D Woolley

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Disclaimer: Kindly note that the opinions expressed in the communication are those of the authors/advertisers and do not necessarily represent the views of the Pearl Valley Home Owners Association.

Pearl Valley, Golf & Country Estate, Paarl, Cape Town, South Africa

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