



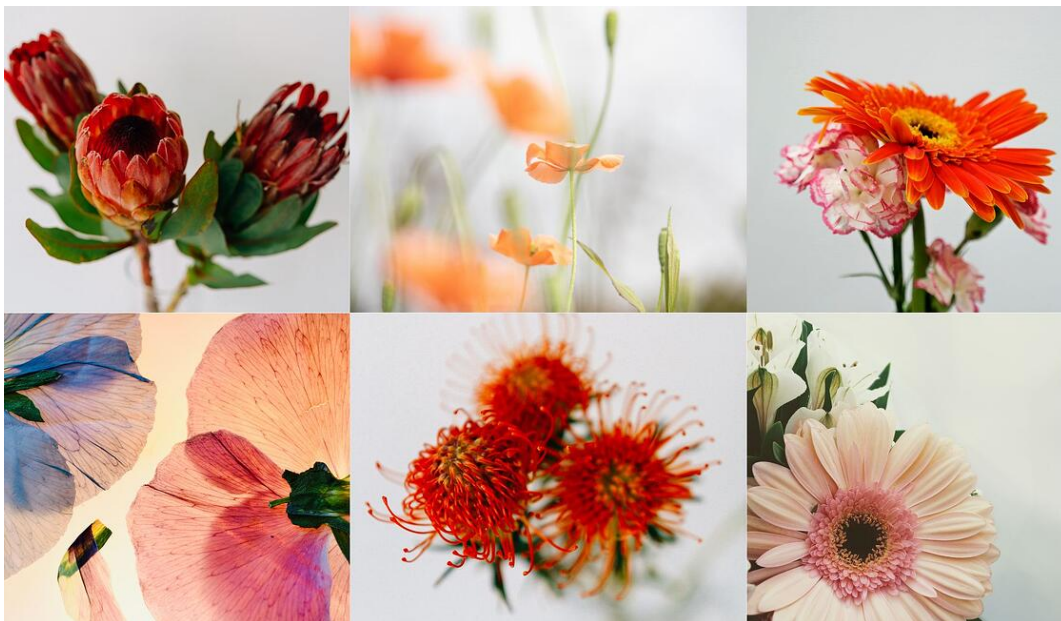
CARING FOR GARDENS DURING THE AUTUMN AND WINTER MONTHS

- *Message from the Estate's Senior Horticulturist, Rory Phelan*

Now that autumn is here and winter is approaching, it may seem like a time of rest for the garden, but in fact, it can be quite busy. Planting season in the Western Cape is in April and May, so it's time to consider planting winter-flowering annuals and spring-flowering perennials. As the sap in plants begins to fall and leaves change colour, trees and shrubs prepare for a period of dormancy and recuperation. This is an excellent time to prune back shrubs after the last flush of flowers and prepare them for new growth in the spring. Doing so also allows more winter sun and air to penetrate the garden, which is important for healthy growth. You can remove old groundcovers and plan for new plantings, considering indigenous flowering perennials such as Gazania, Arctotis, Namaqua Daisy (*Osteospermum*), Barleria, Falkia (White Carpet), Felecia, and Plectranthus, among others.

A tip for gardeners during the autumn and winter months is to take advantage of plants being pruned back to consider changes and improvements to the garden. This is a great time to evaluate the garden layout and plan for new designs and plantings. Renovating paths, structures, paving, and irrigation can also be done at this time. Consider brightening up the landscape with Cape flora like Proteas, Pincushions, and Fynbos plants by remaking a rock garden with a gravel surround.

With the onset of winter rains, trees and shrubs can be planted and left to establish their root systems through the winter months, ready to burst into life again in the spring. Now is the time to plan for a garden full of rewarding colour in the spring and a bright summer ahead. Some winter-flowering annuals include Iceland Poppies, Violas, Pansies, Foxgloves, Snapdragons, English Daisy (*Bellis perennis*), Sweet William (*Dianthus* sp.), and Primulas (*P. malacoides*, *P. obconica*, and *P. acaulis*). Plant them in beds, containers, window boxes, and hanging baskets.



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72 hours in advance – full refund
42 hours in advance – 50% refund

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Investment Insights

SPEAKER



Anet Ahern
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Date Thursday, 25 May 2023
Time 16h30 for 17h00 until 18h00
Venue L'Huguenot Vineyards, The Tasting Room
Val de Vie Estate, Paarl
RSVP By Friday, 5 May 2023 to Jay-Dee Sauls
jay-dee.sauls@psg.co.za
Seating is limited

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APRIL 2023**

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Join us at Back's Pearl Valley from April 16th - 28th for our Hollow Tining Special!

Enjoy a complimentary glass of Fairview Wine with every lunch and dinner reservation. We will exceptionally stay open for dinner until 9pm (kitchen closes at 8pm) for the next two Sundays. Book your table now at 0213006992 or hello@backs.co.za and savor the flavors of the season.

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UnWine'd Friday



The word "Unwine'd" says it all.

Weekly LIVE music, wine, good conversations children laughing as they jump and play with friends... this is the way to celebrate the start of the weekend!

A fine selection of wines is available at cellar door prices catering for a variety of palates. So, whether you feel like a glass of bubbles to celebrate the week's achievements, a special occasion, or a seductive red wine to enjoy over a longer conversation with friends.

Freshly prepared, easy-eating meals from **Crusted Pizzas**, Grab and go at **VILLAGE deli** and sushi prepared by **Salmon & Brine** are available to all who wish to enjoy an early Friday evening dinner.

You can feel the week slip away as you sit back, relax and watch the world Unwine'd around you, reminding you of a less complicated time.

Bookings are essential | E: experience@lhuguenot.com | T: 021 876 8037

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PLATTER 1: R195
Salmon roses 2 piece
Salmon sashimi 5 piece

PLATTER 2: R230
Rainbow roll 10 piece
(Salmon & Avo inside, wrapped in Salmon & Tuna, drizzled with Japanese mayo, caviar, spring onion and a sweet sauce dressing.)
Salmon roses 2 piece

PLATTER 3: R110
California roll 10 piece
(Salmon, Avo, Mayo, Caviar)
(Tuna, Avo, Mayo, Caviar)
(Prawn & Crab, Avo, Mayo, Caviar)

PLATTER 4: R245
Salmon sashimi 2 piece
Tuna sashimi 3 piece
Salmon nigiri 1 piece
Tuna nigiri 1 piece
Salmon roses 2 piece

PRAWN COCKTAIL: R72
(Poached prawns coated in a tangy Marie rose sauce served on a bed of shredded iceberg lettuce with croutons.)

PRAWN, CRAB SALAD: R72
(Served on shredded lettuce, shredded red cabbage tossed in sushi mayo and caviar)

SALMON AND TUNA POKÉ BOWL: R175

CAESAR SALAD: R59
(Baby cos lettuce, shaved grana padano, crispy capers, anchovy fillets, boiled egg tossed in a homemade caesar dressing with croutons on the side.)

SALMON TATAKI: R120
(Garlic Butter & Pepper Seared Salmon on a bed of cucumber and radish and spring onions and ponzu sauce, drizzled with yuzu mayo and miso sesame puree)

KOREAN FRIED CHICKEN BAO BUNS: R77

ASIAN PORK BAO BUNS: R77



REMINDER: HOLLOW TINGING

The Pearl Valley Golf Course, Driving Range, and The Valley Restaurant will be closed for hollow tining from Sunday, April 16th, up to and including Friday, April 28th. These facilities will reopen on Saturday, April 29th, 2023. The Pearl Valley Swimming Pool will remain closed until further notice.

Please note that the Pearl Valley Gym, Back's Restaurant and Deli will be open during this period.

REMINDER: OPPORTUNITY TO MEET WITH SUPER-ESTATE'S RISK MANAGER

A reminder that Louis de Jager is available at the HOA offices in the Pearl Valley Clubhouse between 08:00 and 09:00 on Wednesday mornings to meet informally with residents and answer security-related questions.

Louis is also a qualified Commissioner of Oaths, and residents are welcome to bring any documentation that requires certification.

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CAMELOT SPA
VAL DE VIE



PEARL VALLEY CONTACT DETAILS

PEARL VALLEY HOA

☎ +27 21 867 8000
✉ info@pvhoa.co.za
🌐 www.pvhoa.co.za

SECURITY

☎ Security Control Room – +27 21 867 1201
☎ Pearl Valley Main Gate - +27 21 867 1203
☎ Val de Vie Main Gate - +27 21 863 6110/6138

Disclaimer: Kindly note that the opinions expressed in the communication are those of the authors/advertisers and do not necessarily represent the views of the Pearl Valley Home Owners Association.

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