

### SAVE THE DATE - PVHOA TOWNHALL MEETING

The Pearl Valley HOA Trustees invite all fellow Pearl Valley homeowners to attend a Townhall Meeting, to be held at **6 pm on Wednesday 24 April 2024**, in the Pearl Valley Conference Venue

Further information will be communicated soon.

### **REMINDER: HOLLOW TINING - APR 2024**

The Pearl Valley golf course, the driving range, The Valley Restaurant and the Pearl Valley swimming pool will be closed for the duration of hollow tining from Sunday, 14 April up to and including Friday, 26 April. These facilities will reopen on Saturday, 27 April 2024. The Pearl Valley swimming pool, however, will remain closed for the winter season.

The Pearl Valley gym, Back's Restaurant and Deli will be open during this period.

### Winter season golf operating hours:

The first tee-off time: is 08:00 AM, with the last 18-hole tee-off time at 1:30 PM.

The driving range will be open from 07:30 AM, and the last balls will be given at 5:30 PM. The range will close at 06:00 PM.

Please note that the golf course will be closed on Mondays during winter except for the driving range, which will operate from the members' end from 09:00 AM to 05:00 PM.

### The Valley Restaurant winter season operating hours:

- Mondays:

The Valley Restaurant: Closed Coffee station: 07:00 – 17:00 Halfway House: Closed

- Tuesday - Sunday:

The Valley Restaurant: 08:00 AM - 9:30 PM (last food order at 8:45 PM - last bar order at 9:00

PM)

Halfway House: 07:00 AM - 5:00 PM



### **PEARL VALLEY GOLF**

### 3 Easy Ways to Overcome Pearl Valley's Treacherous Greenside Bunkers

### 1. High Greenside Bunker Lip:

The first thing to consider is how high the lip is. Higher clubhead-speed golfers can slightly open the face, but lower clubhead-speed golfers may need to keep the face more square to hit the ball far enough to escape the needed distance to reach the green. Consider that your chosen wedge, even a 56-degree, in most cases has enough loft to clear the lip, as long as you take sand and make a proper motion where you are on your forward side when you finish and avoid the inclination to fall back and incorrectly lift the ball.

### 2. Fried Egg in Bunker / Plugged Lie:

A fried egg looks worse than it is. When the ball is buried in the bunker, you need to engage the digging edge of your wedge rather than the bounce. To do this, focus on your setup. You still want to position your ball forward off-center if you are in a greenside bunker or need to hit the ball shorter, but what should be different is that you want to lean your upper body forward and lean the shaft as well so that the leading edge will dig. When you lean the shaft, the club will become less lofted, so you need to plan for a lower flight that will likely roll more. You may want to use your most lofted wedge to offset this.

### 3. Greenside Bunker — No Sand:

When you dig your feet into a bunker and realize there isn't any sand, you need to adjust so that the club does not bounce off the hard-packed sand and skull across the green. Much like the fried egg situation, you want to use the leading edge by leaning your upper body and club shaft forward toward the target. This steeper angle and digging edge will help the club dig into the sand before the ball and keep the club from bouncing off the sand.

For any assistance or enquiries about bunker shots, feel free to contact the golfing professionals:

- James Wade at James.Wade@pearlvalley.co.za or call 082 435 5831
- Sevey Links at Sevey.Links@pearlvalley.co.za or call 082 214 8014



### Sunshine Tour 2024

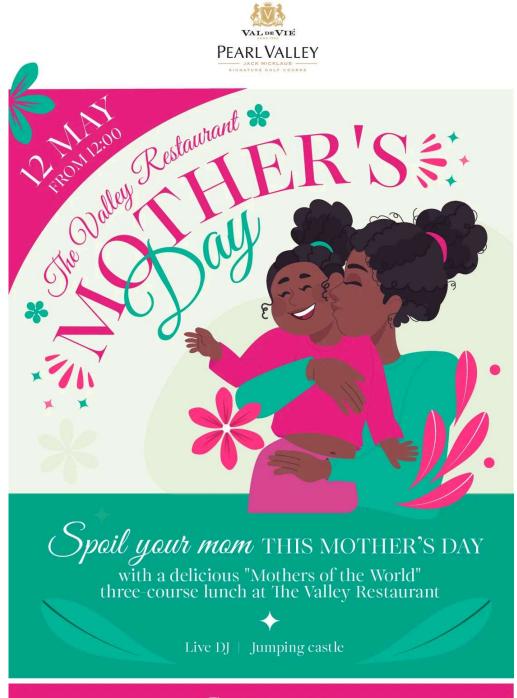
Our sincerest congratulations go out to brand ambassador Zander Lombard for his respectable finish at the Sunshine Tour's Limpopo Championship held at Euphoria Golf and Lifestyle Estate. Finishing in a tie for 13th on 11 under par for the 4-round event. Special mention also goes out to academy member Dylan Kayne, making the cut as an amateur and finishing - 1 total.











### Bookings essential









Jordan Greenhalgh | 083 298 1481 Registered with the PPRA - Full Status FFC

Amy Anley | 060 693 5533

Get in touch



Pam Golding Properties (Pty) Ltd - Paarl Luxury Estates. Registered with the PPRA. Holder of a Business Property Practitioner FFC. Operating a Trust Account. W: +27 21 300 1658 | E: paarlluxuryestates@pamgolding.co.za



Bookings are essential WhatsApp: 071 644 6743 | Call: 021 867 8000

### UP NEXT at SELA VIE

FREE-DOM FRIDAYS | TASTE OF MEXICO | DINNER-TO-DOOR



### FREE-DOM FRIDAYS

12 APRIL | 14:00 - 17:00

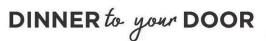
GET ONE FREE KIDS MEAL
WITH EVERY REGULAR MEAL ORDERED \*KIDS MUST BE UNDER 12 SIT DOWN ONLY



TASTE OF MEXICO 26 APRIL | 18:30

SELA VIE TRANSPORTS YOU TO THE HEART OF MEXICO. JOIN US IN A WORLD OF VIBRANT FLAVORS AND CULTURAL DELIGHTS.

MAKE SURE TO BOOK YOUR SPOT



Monday - Thursday | Directly to your door! ONLY 30 PORTIONS AVAILABLE PER NIGHT

#### MONDAY

Exotic truffle & mushroom risotto with sautéed & pickled R300 for 2 people

TUESDAY Butter chicken curry, basmati rice, sambals, and raita

with poppadum's R300 for 2 people

### WEDNESDAY

Creamy prawn and spicy chorizo pasta with fresh herbs R350 for 2 people



Beef lasagna with signature village side salad R300 for 2 people



MONDAY: Sticky sesame chicken with ric

& steamed broccoli

TUESDAY: Spaghetti Bolognese WEDNESDAY: Crispy honey chicken pasta

THURSDAY: Ham & mushroom pizza

R90 PER CHILD



# JUMPING CASTLE | LIVE BIG SCREEN TV KIDS PLAY AREA AND MORE...



# SATURDAY Chillen

Come and relax
with your family and friends this Saturday!
From 12h00 until closing...



Special offer

10% DISCOUNT ON ALL CRUSTED PIZZA

BUY 1 GET 1 FREE BEER ON TAP / GIN ON TAP











DATE: FRIDAY, 19 APRIL 2024
Book your Spitbraai ticket | R200 per person



# 10%

# OFF

When you purchase 6 bottles of the selected

LA MOTTE CHARDONNAY or LA MOTTE SYRAH

orders@lhuguenot.com www.villagedeli.co.za

Get 10% OFF
when you buy any
six bottles
of the medal wines.

orders@lhuguenot.com or www.villagedeli.co.za

















Culinaria Chenin Blanc 2023: Gold medal Culinaria Grand Vin 2020 Culinaria Grand Vin 2021: Double Gold medal and Trophy winner: South African Wine of The Year Family Collection Heritage Blend 2021: Gold medal Special Edition Pinotage 2022: Gold medal Special Edition Red Blend 2021: Gold medal







### POLO CLUB MERLOT | 2022

Order online www.villagedeli.co.za and receive a 10% discount if you order six bottles or more!

Discount code: WINEOFTHEMONTH





## Leopard`s Leap Award winning wines

Recently Leopard's Leap was awarded with the following medals at the China Wine & Spirits Awards - Best Value 2024.



Culinaria Chenin Blanc 2023: Gold medal Culinaria Grand Vin 2020 Culinaria Grand Vin 2021: Double Gold medal and Trophy winner: South African Wine of The Year Family Collection Heritage Blend 2021: Gold medal sial Edition Pinotage 2022: Gold medal Special Edition Red Blend 2021: Gold medal

Join our winemaker, Renier van Deventer for an interactive, relaxed wine tasting with excellent wines and cheese.

Date: 24 April 2024 | Time: 18h00 – 20h00

Tickets: R150 per person (includes wine tasting and cheese)
Place: L`Huguenot Vineyards

Bookings are essential | experience@lhuguenot.com

### 15% DISCOUNT | ON ALL WINE ORDERS ON THE NIGHT





O5 APRIL

MUSIC by Newton Theron



19 APRIL SPITBRAAI WITH LIVE MUSIC BY JUAN CASEY

Book your Spitbraai ticket

R200 per person



26 APRIL

**MUSIC** by Richard Brockensha



BOOKINGS ARE ESSENTIAL: experience@lhuguenot.com | 021 876 8037

WINE | BEER | PIZZA | KIDS PLAY AREA | GRAB & GO MEALS

**CS BIOKINETICISTS** 



### **Scoliosis**

What is it? Scoliosis is an abnormal curvature of the spine that is most often diagnosed in childhood or early adolescence. It is a three-dimensional problem involving three planes of motion.

Some of the common diagnoses include:

- physical examination
- an X-ray
- spinal radiograph
- a CT scan or MRI
- the Adam's Forward bend test
- the Cobb method

If you require further information or assistance with treatments, please contact the CS Biokineticists team at 0764087608 / 0662680611 or send an email to csbiokineticists@gmail.com

### **CAMELOT SPA**



Polished To Perfection 75min Gelish Pedicure R990 | Save R160 Includes a CBD Shot

The Reviver 45min Nailcare & Gelish 60min Signature CBD Wellness Massage 30min Thalgo Hydra-Radiance Facial

R1 600 | Save R320

Valid 1 - 30 April 2024.

### SPA WELLNESS MEMBERSHIPS

Sign up for a Spa Membership today! Invest in yourself, feel better and stay well.

Annual Membership Plans\*

(valid for 12 months)

R5100 R8500

R15 300

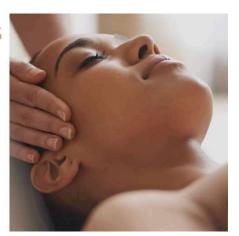
R20 400

\*once off payment valid for one year

Once your membership miles are depleted, your membership will have to be renewed. Membership can be used by more than one person.

Lower prices are charged during off-peak periods (Monday to Thursday). Joining fee of R100





Residents' Discount

Residents receive 10% OFF\* selected treatments.

### Massage Mondays

10% OFF all 30 - 90min Massages

### **Tips and Toes Tuesday**

**10% OFF** Deluxe Spa Manicure or Pedicure, Gelish Manicure or Pedicure, or Nail Care & Gelish

### Waxing Wednesday

10% OFF all Waxing treatments

### Thalgo Thursday

10% OFF all Thalgo Body Treatments and Facials





### PEARL VALLEY CONTACT DETAILS

### PEARL VALLEY HOA

021 867 8000

info@pvhoa.co.za

debtors@pearlvalley.co.za (Levy Accounts enquiries)

www.pvhoa.co.za

### SECURITY

Security Control Room - 021 867 1201

📞 Pearl Valley Main Gate - 021 867 1203

Val de Vie Main Gate - 021 863 6110/6138

📞 Berg River Registration Centre - 021 863 6137

### **EMERGENCY CONTACT DETAILS**

ER24 Paarl - 084 124

Paarl Mediclinic - 021 807 8000
Medicross Paarl - 021 872 3867

SAPS - 021 807 4000

Marce - 101 77

U Paarl Fire Brigade - 021 872 2323

Urakenstein Municipality - 021 807 4500

📞 Voltano Metering App - 086 186 5826

Disclaimer: Kindly note that the opinions expressed in the communication are those of the authors/advertisers and do not necessarily represent the views of the Pearl Valley Home Owners Association.

Pearl Valley Golf & Country Estate, R301, Wemmershoek Road, Paarl, Cape Town, South Africa 7646, South Africa, 0218678000

<u>Unsubscribe</u> <u>Manage preferences</u>